



CAMP OCCOHANNOCK ON THE BAY

Camper Gear Checklist



BEDDING

- Sleeping Bag
- Twin Sheets (for hot nights)
- Extra Blanket (for cool nights)
- Pillow and Pillowcase

TOILETRIES

- Shampoo/Conditioner
- Soap
- Toothbrush
- Toothpaste
- Deodorant
- Hairbrush
- Bath Towel(s)
- Washcloth

CLOTHING

Campers should bring SEVERAL changes of clothing (enough for 6 days; 3 days for mini camp) including:

- Long Pants
- T-Shirts (one change per day)
- Shorts (no tight fitting or short shorts, please)
- Long Sleeve Shirt
- Sweatshirt/Hoodie/Light Jacket
- Pajamas/Sleepwear
- Underwear (one change per day)
- Socks, socks, and more socks
- Rain Gear (poncho, rain jacket, boots, etc.)
- Hat/Visor (to block the sun) or Bandana
- Two Pairs of Closed-Toe Shoes (running, biking, etc.)
- Shower Shoes (flip flops are fine) (optional)

WATER GEAR

- One piece swimsuit/tankini (for females)
- Swim Trunks (for males)
- Water Shoes/Strap-On Sandals (no flip flops)
- Beach Towel
- Sunscreen (at least 30 SPF)

OTHER ESSENTIAL ITEMS

- Bible
- Water Bottle (no glass)
 - o Water bottles are available for purchase through the camp store for \$8.42
- Notebook/Pen/Pencil
- Small Flashlight (with extra batteries)
- Bug Repellent
- Day pack/Book bag to carry water bottle, etc.
- Separate small bag for overnight campout
- Laundry Bag for dirty clothes (optional)
- Large plastic bag for wet clothes/shoes
- Balance of your registration fee, if due
- Health/Permission Forms
- All Medications (in the original box/container)

OPTIONAL ITEMS

- PFD (lifejacket)
- Fishing Rod
- Watch
- Sunglasses (non-valuable)
- 2+ Person Tent (for campout night)
- Sleeping Pad
- Swimming Mask/Goggles
- Stamps/Envelopes
- Book (for rest time)

THINGS NOT TO BRING

Money (only for offsite trips), Jewelry, Pets, or Valuables of any kind
 Food, Drinks, Candy, Snacks, Gum
 ANY Electronic Devices (iPods, cell phones, etc.)
 Alcohol, Tobacco, Drugs
 Weapons, Fireworks, Matches
 Cologne, Perfume, Scented Lotions (attracts bugs)

PACKING INFORMATION

- **Write your name on ALL items!** Pack lightly enough that you can easily carry all gear by yourself. Remember, you will be sleeping in your cabin all week (except for campout night), and your space is limited. Cabins have window-unit air-conditioners if needed. Keep your packing simple and minimal. Remember camp is a place for exploring and playing hard. Campers should be able to get wet and dirty without undue concern for clothing. Old clothes are the best option.
- Occohannock on the Bay provides all necessary program, camping, first aid & safety gear, and all cabins have A.C. units and fans.
- OOTB and the OOTB staff are not responsible for the loss or destruction of campers' personal property, sports equipment, or animals. Please do not send valuable items with campers to camp.

DAY CAMP GEAR CHECKLIST

- Water Bottle
- Swimsuit
- Beach Towel
- Sunscreen
- Bug Spray
- Bible
- Closed-Toed Shoes
- Water Shoes
- Rain Jacket
- Hat/Visor (to block the sun) or Bandana
- Day pack/Book bag to carry water bottle, etc.
- One change of dry clothing
 - o Shorts
 - o T-Shirt
 - o Underwear
 - o Socks (with extras)
- Balance of your registration fee, if due
- Health/Permission Forms
- All Medications (in the original box/container)